INSTALLATION INSTRUCTIONS
HEAVY DUTY REAR BUMPER
1999-16 FORD SUPERDUTY F250-350
PARTS LIST:

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<td>Heavy Duty Rear Bumper Assembly</td>
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<td>Plastic Plugs for license plate mount</td>
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<td>2</td>
<td>2-hole Spacer Plates (for tow hitch only)</td>
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PROCEDURE:
REMOVE CONTENTS FROM BOX. VERIFY ALL PARTS ARE PRESENT. READ INSTRUCTIONS CAREFULLY BEFORE STARTING INSTALLATION. BUMPER IS HEAVY, ASSISTANCE IS HIGHLY RECOMMENDED TO AVOID POSSIBLE INJURY OR DAMAGE TO THE VEHICLE.

1. Remove the license plate and bracket. On models with back up sensors, unplug the sensors and move the wiring harness away from the factory bumper. Next, remove the sensors.
2. Unplug the factory license plate lights. Remove the license plate lights and move the harness away from the bumper. Also temporarily move the trailer/towing wiring harness from the bottom of the hitch and move it away from the hitch, (Figure 1). Next, remove the hitch from the bottom of the frame, (Figure 2). **WARNING:** Assistance is highly recommended.
3. Place blocks or jack stands under the bumper to support it during mounting bolt removal. Once the bumper has been safely supported, remove the factory bumper bolts, double bolt plates and slide the rear bumper off of the frame, (Figure 3). **WARNING!** Assistance is required to hold the bumper in place during hardware removal to prevent the bumper from falling.
4. With assistance, position the HD Bumper Assembly up to the side and end of the frame. Temporarily support the weight of the Bumper Assembly. **WARNING:** To avoid possible injury or damage to the vehicle, do not proceed until the Bumper is fully and safely supported.
5. Line up the (2) holes in the passenger side vertical mounting plate with the (2) holes in the side of the frame. Reuse the factory double bolt plate and hardware to attach the plate to the frame, (Figure 4). Do not fully tighten hardware at this time. Repeat to attach the driver side mounting plate to the frame.
6. With assistance, line up the hitch with the rear mounting holes toward the end of the frame and bottom mounting plate on the bumper. Use the (4) factory hex bolts to attach the hitch to the bottom mounting plates, (Figures 5 & 10). Leave hardware loose at this time.
7. Insert (1) 2-hole Bracket Spacer Plate between the bottom of the passenger side of the frame and the (2) forward holes in the factory tow hitch, (Figures 6 & 10). Use the factory hardware to attach the front of the hitch to the Spacer and the bottom of the frame, (Figures 7 & 10). Repeat to attach the driver side front mount on the tow hitch, (Figures 8 & 10). Do not fully tighten hardware at this time.
8. Level and adjust the bumper and fully tighten all hardware to 65-70ft-lbs.
9. Reattach the wire harness to the bottom of the tow hitch.
10. Select the (2) factory license plate lights. Push the lights into the holes in the Bumper. Reattach all wiring harnesses.
11. Use the included (2) push-in plastic nuts to attach the license plate, (if required), to the (2) holes in the Bumper Assembly, (Figure 9).

12. Do periodic inspections to the installation to make sure that all hardware is secure and tight.

13. Models with bumper mounted sensors:
   a. Remove rubber plugs from all sensor mounting sockets.
   b. Insert the sensor into the socket in the back of the Bumper Assembly. Secure each sensor to the socket with (2) 4mm x 10mm Button Head Screws (Figure 11). IMPORTANT: Sensors fit snug in sockets. The 4mm Screws are used to apply slight pressure to lock the sensors in place. Tighten both screws evenly until they touch the sensor body only. Do not overtighten screws or damage to sensors will result. Repeat for all sensors.
   c. Reinstall the factory wiring harness to all sensors.

**To protect your investment**, do not use any type of polish or wax that may contain abrasives that could damage the finish. Mild soap may be used to clean the Heavy Duty rear Bumper assembly.
WARNING! Do not crawl under bumper unless the bumper is properly supported on blocks or stands or the bumper may fall.

Insert 2-hole Spacer Plate between front mounting tab on hitch and bottom of frame (arrow)

(Fig 5) driver side pictured

(Fig 6) Spacer required for models with receiver hitch

Factory double bolt plate

Reuse factory bumper hardware

(Fig 7) Passenger side installation

Rear

WARNING! Do not crawl under bumper unless the bumper is properly supported on blocks or stands or the bumper may fall.

(Fig 8) Driver side installation with hitch

Factory receiver hitch

(Fig 9) Push plastic plugs into holes in Bumper for license plate

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Fig 10

(2) 2-hole frame Spacers (required to space factory receiver hitch only)

Sensor hole plugs

Factory receiver hitch

(2) 4mm Socket Head Screws

(Fig 11) Remove plugs from holes in bumper. Insert sensor (if equipped) into socket on back of bumper.

Complete Installation